



# Authors Tea TV

DREAMS *Spire* BOOKS *Special Edition*

*Kanika Starr Reynolds*  
*International Speaker*

*Author of  
"Make it a Choice to  
Have a Great Day"*

*Announcing  
the Launch of  
Authors Tea TV*



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**Renata Brown CEO of  
DreamSpire TV**



# Authors Tea TV



Dear Readers,

We are thrilled to share some exciting news with you – the launch of a brand-new endeavor that we believe will revolutionize the way you engage with literature and storytelling. Today, we introduce to you "Authors' Tea TV" – a platform that brings your favorite authors and their literary insights to the screen. In our continuous efforts to enhance your reading experience and to

bridge the gap between authors and readers, we have embarked on this innovative journey.

Authors' Tea TV is a unique concept that aims to create a space where authors can have intimate, unfiltered conversations about their works, creative processes, inspirations, and the literary world at large.

We invite you to join us on this exciting journey as we explore the world of literature from a fresh and captivating perspective. Stay tuned for updates on the lineup, schedule, and how you can be part of the interactive experience.

Thank you for your unwavering support, and we can't wait to share a cup of literary delight with you on Authors' Tea TV.

Imagine sitting down for a virtual cup of tea with your most beloved authors, hearing their thoughts on their latest releases, diving deep into the layers of their narratives, and gaining an exclusive glimpse into the behind-the-scenes aspects of their writing journeys. With Authors' Tea TV, you will have the opportunity to connect with authors on a personal level, as they discuss the intricacies of their stories and offer insights that go beyond the pages of their books.

Our team has been working diligently to curate a lineup of esteemed authors from various genres, ensuring that there is something for every literary palate. From gripping thrillers to heartwarming romances, from thought-provoking non-fiction to fantastical adventures – Authors' Tea TV promises to be a treasure trove of intellectual stimulation and entertainment.

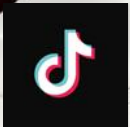
Starting next month, you can look forward to regular episodes featuring prominent authors engaging in candid conversations. Whether you're an aspiring writer seeking inspiration, a dedicated reader curious about the minds behind your favorite stories, or simply someone who appreciates the magic of words, Authors' Tea TV is designed with you in mind.

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All the Best,

Renata Brown Editor, DreamSpire Books

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# Our Brands

**DreamSpireTV-** Streaming platform. DreamSpire TV features broadcast quality programing for all our brands and beyond. We have the capacity to broadcast simultaneously up to 5 outlets. We have the capability to download and re-broadcast programming. We offer commercial advertising and can produce produce content for other outlets.

**DreamSpire Books-** DreamSpire Publication is our online bookstore with more than 100 titles. We have sponsored author spotlights along with our premier show, "The Author's Lounge". An opportunity for authors to share their stories in a virtual fireside chat setting.

**EM-Spire-** Entrepreneurs & Motivators Is an Online, Digital and Print on Demand Magazine bringing together people who inspire and motivate others through entrepreneurship, coaching, speaking and teaching. We highlight businesses, authors, coaches, motivational speakers etc. through featured spotlights, product placements, videos and linking with podcasts. We work with you at your events, seminars and conventions.



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LIVE STREAMING



# Stephanie V. Harvey

Transformational Speaker, Stephanie V. Harvey, professionally known as Stephanie V has creatively combined her celebrity Interior Design, General Contracting, Entrepreneur and Lifestyle Design, experience into a transitional fusion merging the principles of construction and remodeling used to build her clients exterior home as an architectural life blueprint within the scope of a person's internal space so you can find Balance, Peace, and Success.

The CEO of Harvey Residential Home Builders a concierge construction firm Stephanie v. recognizes personal and professional needs differ from client to client and offers a personalized luxury construction experience to discerning clients who desire to have their "Lifestyles" transformed into "Living Spaces."





### **How are you changing the world?**

I am changing the world through my New Beginnings By Design modules redesigning, remodeling and rebuilding the lives of people with the same principles and processes , I use as a state licensed general contractor to redesign, remodel and rebuild their exterior homes.

### **What is the main message you want to share with the world?**

I want to share that no matter who you are today, you are allowed to redesign your professional and or personal life and have a New Beginning that you design, embrace and love. Remember you should always be evolving.

### **What was an early experience where you learned that you had power?**

In 2003 I learned that I had power when I walked away from everything to find my happiness. I was a stay-at-home mother and assisted in building my husband's career and his dreams, but when I decided, I did not want to stay in the marriage , he cut off everything in hope that I would break. I was so devastated I went to speak with a dear friend, in tears of how I would support myself, and then she said I saw you put a man on the mountain top, if you put half in you that I saw you put in him you would be a household name. From that moment I never felt fear, I felt empowered to claim my destiny.

### **What is something most people don't know about you?**

Most people see me as a successful business woman who has accomplished a wonderful lifestyle and enjoys the best life has to offer, but they do not know my story, that I moved from living in an approximate 13,000 sq. ft. home to sleeping on the floor in a house with no heat for months, the result of being displaced thru a life devastation called divorce.

### **What's the greatest piece of advice you ever received?**

The greatest advice I ever received was from my late husband Donald E. Harvey and that advice was "Failure Is Not An Option"

### **Who is/was the most inspiring person in your life and why?**

The most inspiring person in my life was and still is my late husband Donald E. Harvey, because he was a boy from the projects of Harlem, received two purple hearts in Vietnam, beat the odds and became an unbelievable business executive, making his mission inspiring people into success.

### **What's next for you?**

My What's next is transforming lives and letting the world know we are all entitled to a new beginning by design through my "New Beginnings by Design Series," and Speaking Seminars.



Christine Piacentino, a distinguished name in the world of software development with a remarkable three-decade-long career, unveils her latest literary creation, "Today in This Moment:

# Christine Piacentino

A Daily Reflection and Journal Book." Beyond her achievements as a software developer, Christine embraces her roles as a loving mother, devoted grandmother, and proud great-grandmother.

In "Today in This Moment," Christine offers readers a captivating journey into the heart of mindful living and self-discovery. She has a profound understanding of the human experience. With each passage, she guides readers to savor the present moment, fostering an appreciation for the



intricate tapestry of life.

This daily reflection and journal book serves as both a guide and a companion, encouraging readers to pause, reflect, and document their thoughts. Christine's seasoned insights as a software developer provide a unique lens through which to explore the ever-changing

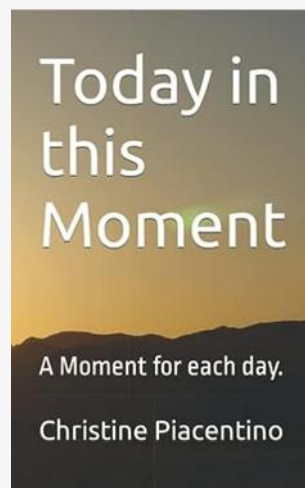
landscape of modern life. Her wisdom transcends generations, making her a relatable and inspiring figure for readers of all ages.



As a mother, grandmother, and great-grandmother, Christine's writing resonates with the importance of family, legacy, and connection. Her words serve as a reminder that even in our rapidly evolving world, the simple act of mindful presence can strengthen bonds and nurture relationships.

"Today in This Moment" stands as a tribute to Christine's multifaceted journey through life. Her dedication to her craft, her commitment to her family, and her pursuit of inner growth shine through each page. Whether you're a seasoned professional in the tech industry, a devoted family member, or simply someone seeking daily inspiration, Christine Piacentino's book offers a timeless and accessible source of guidance.

Join Christine on this literary voyage and discover the power of embracing "Today in This Moment." As you journey through its pages, you'll find yourself not only reflecting on the present but also celebrating the rich tapestry of your own life, one moment at a time.



available at  
**amazon**



## How are you changing the world?

How are you changing the world?

I am contributing to changing the world by spreading inspiration and positive vibes. Through stories of triumph and perseverance, I aim to ignite passion and motivate others to overcome obstacles and pursue their dreams. Additionally, by promoting a positive mindset, I hope to create an environment

where optimism and open-mindedness flourish, leading to improved mental well-being and stronger relationships.

Moreover, I believe in the power of love and kindness to make a difference. By showing genuine care and compassion, I strive to create a sense of belonging and support for others. Acts of kindness, no matter how small, have a ripple effect that fosters a culture of empathy, cooperation, and understanding. Through these efforts, I aim to contribute to a world where people feel empowered, connected, and capable of creating positive change.

## What is the main message you want to share with the world?

In a world often dominated by self-interest and competition, the paramount message to convey is that kindness truly matters. Kindness has the remarkable power to transcend boundaries, heal wounds, and bridge gaps between people from diverse backgrounds. By practicing kindness, we can foster an environment of empathy and understanding, nurturing connections that lead to meaningful relationships and collective growth. It's a simple yet profound reminder that our actions, no matter how small, can create a positive ripple effect that influences not only the lives of individuals but also the overall fabric of society.

## What was an early experience where you learned that you had power?

As a young mother, I found myself navigating the complexities of work, education, and family obligations. Through this journey, I discovered the immense power of visualization and positive thinking. Keeping my eyes on where I aimed to be and cultivating optimistic thoughts became my guiding light. I realized the need to shield my energy from negativity, especially from those who doubted my path. By doing so, I harnessed the magnetic force necessary for my success. My unwavering faith in a higher power that desires the best for my family and me has become my wellspring of strength, reinforcing my conviction that I can overcome any obstacles that come my way.

### **What is something most people don't know about you?**

I've worked as a Software developer for over 30 years and I'm a mom, Grandmother, and great-grandmother and I'm turning 60 in a few months. I believe in the power of positive thought and visualization.

### **What's the greatest piece of advice you ever received?**

Holding your head up high and taking pride in your achievements is essential for personal growth and well-being. Doing so not only boosts your self-confidence and motivation, but also fosters a positive mindset that enhances your resilience when facing challenges. Your accomplishments serve as a testament to your abilities and inspire both yourself and others, creating a cycle of positivity and progress.

### **Who is/was the most inspiring person in your life and why?**

My Grandmother because she was not only a leader to us, but to her entire community. She fought hard for housing in the Black community and was one of the founders of the Columbus Realist Association. She once gave me a necklace with a grain of mustard seed and toward me, I have to have faith like a grain of mustard that grows into a mighty tree. To become that tree you must visualize and believe it into existence.

### **What's next for you?**

I would like to author a book that explores the profound synergy between positive thinking and visualization, and practice effective tools for personal growth and success. The book will guide readers in harnessing the potential of their minds to cultivate optimism, enhance resilience, and manifest their aspirations, providing a roadmap for transforming their lives through the power of positive thought and intentional visualization.



# *Beverly Claiborne,* Wife, Mother, Author and

founder of Abide Products and The Amazing Faith Foundation, Inc. Beverly is the Christian author of *Abiding in God's Word* and contributing author of *Rhythms of Rest*—40 devotions for women on the move.

Beverly inspires women to allow God to be a priority by evaluating their spiritual condition. She empowers them to tap into their spiritual gifts so they can discover their God given gifts, ultimately living a lifestyle that truly matters to God. By sharing her truth, she spreads the love of Christ and encourages individuals to abide in God's word, leading to a life filled with purpose, meaning, and fulfillment. With Beverly Claiborne as a guide, individuals can find solace in their spiritual struggles, overcome the temptation of comparison, and embrace their own unique journeys. Through her practical methods and empathetic approach, she empowers women to be fearless in their faith by encouraging them to seek wisdom from above by aligning with God's purpose and remaining steadfast in their faith, individuals can experience the overflowing fruit of the Spirit and positively impact those around them.

With Beverly's insights and teachings, individuals can navigate the complexities of life and discover a life that truly matters to God. Before stepping out in faith to make Abide Products her full-time career focus, Beverly owned a successful Interior Design firm in Ellicott City, Maryland. Prior to running her own business, she served in management for three nationally known companies: General Electric, MCI, and Coca-Cola Enterprises. Beverly has been married for 23 years to Senior Executive Cary J. Claiborne, they have three children, and reside in Glen Allen, VA.

Beverly shows her passion for sharing God in a way that impacts Kingdom living. No doubt!!

Beverly's audience will benefit from her message of a loving, all-powerful God who transforms lives—for women who are struggling and for those who think they are doing pretty good.



# The ABIDE Store



[www.theabidestore.com](http://www.theabidestore.com)

# Q&A

How are you changing the world?

I'm changing the world by being brave enough to answer the call of God on my life-- it's not always easy, but anything is possible with God. My assignment in life is to share my God story, there's no greater gift you can give or receive than to honor your calling. When you discover God's will

for your life, nothing can stop you—it's how we become fully alive. I want everyone to experience the love of Christ. I'm often led by the Holy Spirit to do things I would not ordinarily do.

Once while traveling home from Atlanta on an airplane, suddenly about 10 to 12 guys dressed in military uniform boarded the aircraft, as they were passing, I heard the voice of the Lord say, "I want you to pray for them". My heart almost jumped out of chest, because I knew it was God asking me to do this. And yes, I obeyed, we gathered immediately after landing and held hands and prayed.'

## **What is the main message you want to share with the world?**

I want people to know that we all have spiritual gifts from God. And when we abide in God's word, He begin to activate our gifts. When we walk closely with the Lord and keep our lives open to receive the daily filling of the Holy Spirit, our lives will be filled with the fruit of the spirit. The fruit of God's spirit is character rather than conduct; it being rather than doing.

## **What was an early experience where you learned that you had power?**

When I was in the eighth grade, I won a long-distance race that I didn't think I had the courage to win. I beat all the girls by a huge distance. After being fearful and coming in first place, it changed my perspective about my abilities. That experience showed me I had more power in me than I imagined.

### What is something most people don't know about you?

I learn from my failures by taking responsibility for my actions.



### What's the greatest piece of advice you ever received?

Be the change you want to see in the world.

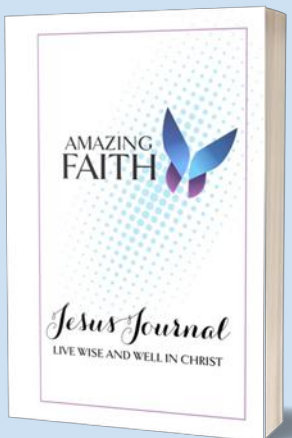
Don't worry about things I can't change.

### Who is/was the most inspiring person in your life and why?

Well, when it comes to *spirituality*, I'd have to say, Dr. David Jeremiah, a Pastor who led me to Christ. The Bible says, that some people plant, some people water, but its God who gives the increase. My mother was the first person to tell me about Jesus—she planted a seed, Dr. Jeremiah watered that seed by preaching the

gospel understandably, but God increased my life by infusing me with his Grace.

Another individual who inspired me was my 7th-grade teacher, Mrs. Sherry Curry, she inspired me to be a cheerleader when I was not interested in cheering. She gave me the confidence to believe in myself when I didn't think I had what it took.



### What's next for you?

I'm writing another book titled "Interior Designs God's Way" and currently writing programs for my new non-profit "The Amazing Faith Foundation".

I'm also working on an online course which inspires women to "Live Wise and Well in Christ" Encouraging them to become the best version of themselves authentically.





# Stacie Thompson, a Published Author of The Words That Heal:

Encouragement for the Soul, is an Empowerment Speaker, Certified Professional Life Coach, Certified Parent Coach, and Mentor. With over 25 years of success in her field, Stacie is an expert in empowering individuals to embrace their purpose and turn their dreams into reality. She holds an associate degree in criminal justice from Tri-County Technical College, a bachelor's degree in psychology from Southern Wesleyan University, and a Master of Science in Youth Development Leadership from Clemson University.

Stacie's journey serves as a testament to the power of strength, endurance, and direction in achieving success. As a successful professional, she leads by example, demonstrating that the decisions we make today have a profound impact on our tomorrow. With her insightful guidance and unwavering dedication, Stacie inspires others to unlock their potential and discover the path to personal fulfillment.

*Stacie P Speaks* 

# Q&A

## **What are you doing to change the world?**

As a motivational speaker, life coach and author, I want to inspire and empower people to make positive changes in their lives and communities. I share personal stories, offer practical advice, promote values such as empathy, resilience, and collaboration. I encourage my audience to make a difference in the world, by pursuing personal growth. Words have potential toward igniting passion thus driving change globally. I've got something to say!

## **What is the main message you want to share with the world?**

The main message I want to share is to focus on empowering individuals to realize their potential and create positive impact. I encourage people to embrace their uniqueness, overcome challenges, and believe in their ability to make a difference. I also stress the importance of continuous growth, resilience, and fostering meaningful connections. Ultimately, I want my message to inspire people to recognize their ability to turn their dreams into reality.



## **What was an early experience where you learned you had power?**

My son's birth, 32 years ago, marked a turning point where I recognized I had power in my life. I quickly realized responsibility and capability toward shaping a future and providing for my child. My determination to pursue an education and making usage of available resources were proof of strength and resilience. It's a testament to my ability toward taking charge of circumstances and creating a positive path for my son and me.



### **What is something most people don't know about you?**

A little-known factor about me is that I spent seven months working as a correctional officer. This experience proved to be one of the most exciting roles I've worked. Armed with an associate degree in criminal justice and actively pursuing a bachelor's degree in psychology, I was definite in my ambition toward creating a career in law enforcement. During one shift, a respected mentor of mine, Mrs. Charlena Gaines, a long-time employee with the department of social services, happened to be parking her work vehicle in our lot. Observing me as I conducted my routine facility checks, she called me over and handed me an application for an available position in youth development. This marked the start of a wonderful career journey.

### **What is the greatest piece of advice you ever received?**

The greatest piece of advice I've ever received was the importance of prioritizing myself. Choosing self-care is a necessary component for me to help others. Choosing myself displays respect for my feelings, decisions, and existence. I choose to protect my inner peace, mental wellness, and emotional state because I recognize my own worth.

### **Who is/was the most inspiring person in your life and why?**

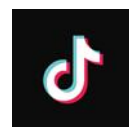
I find inspiration in consistency. I can't imagine my life without the inspiration I've received from my best friend Lisa and my son Cameron. Their outlook on life, and ability to thrive in any situation have consistently motivated me to work harder, love harder and live an amazing life.

In the various stages of my life, I've also drawn inspiration from numerous individuals. It seems that God has brought forth people who embody resilience and determination, serving as a consistent reassurance that I can overcome any life challenges I face.

### **What's next for you?**

I'm presently engaged in the reissue of my book, named "The Words That Heal: Encouragement for the Soul." I've revitalized my StaciePSpeaks brand. Established as an LLC in 2019, it provides a variety of services: Life Coaching, Group Life Coaching, Motivational Speaking, and Mentoring.

I aim to empower individuals to courageously live a purposeful life through my writing, coaching, and speaking engagements.





# *Cheryle T. Ricks*

Cheryle T. Ricks the President, Founder & CEO of The Women Empowerment Circle, LLC.

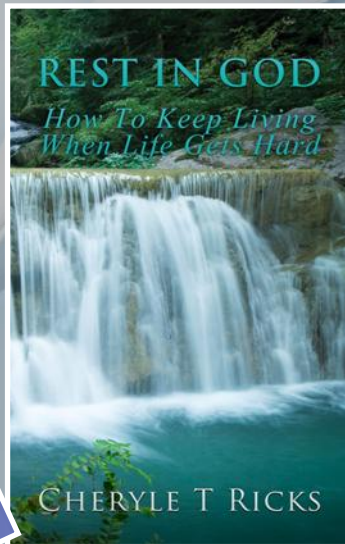


Further, she is a mother of four, the grandmother of seven, a published author, a poet, a motivational speaker, a paralegal, and an ordained minister.

She is a native Baltimorean who has lived in many different stations of life. She is an Alumna of Baltimore City Community College and Morgan State University.

Cheryle has allowed God to heal her soul. She has spent many years ministering to women at different stages of their lives with the sole purpose of helping them see their value and worth by teaching them how to receive real love, in spite of the abuse or the circumstances that they have been through. As a

woman who has experienced abuse and no self-esteem herself, she understands the importance of having the appropriate validation every woman needs. Her insight enables women to get to the root cause for the emptiness that many women feel by helping them see the reality of their realities. Cheryle has learned through her relationship with God that there is nothing that can disqualify anyone from having the life that Jesus Christ died for all of us to have. Motivated by the love of God, Cheryle shows women how to receive healing and restoration by taking the time to process those life challenges that they have left unresolved for most of their lives while walking with each of them every step of the way.



[www.sisters-circle.com/](http://www.sisters-circle.com/)





### **How are you changing the world?**

I am changing the world one woman at a time. As women, we nurture and care for everyone. Oftentimes at the expense of our own well-being. I help women recognize their value and self-worth so they can walk in their uniqueness. This allows them to live fulfilled lives and nurture a healthy relationship with themselves and each other, which has a great impact on their families,

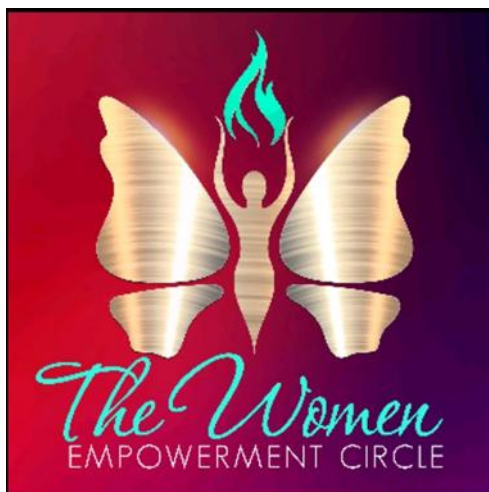
communities, and our world.

### **What are you most passionate about?**

I am most passionate about helping hurting people heal and learn how needed and necessary they are to the betterment of our world. This fulfills me and gives me purpose in my own life knowing that my life touches the lives of others.

### **What was an early experience where you learned that you had power?**

An early experience where I learned I had power was when one of my girlfriends told me that I should put the things I shared with her in a book because my insight would help people everywhere. It was then that I started noticing how many people were calling me to help them work through their problems and seeing their gratitude and appreciation for how I helped them.



### **What is something most people don't know about you?**

I have been living what I write about in my books throughout my life. I started processing the issues in my own life when I was a teenager. Because of this God has allowed me to help other people make sense of the challenges they are facing.

### **What's the greatest piece of advice you ever**

#### **received?**

The most profound advice I've ever been given is, "You can achieve anything you set your mind to." This timeless wisdom has been my guiding principle, constantly reminding me that with determination and belief in my capabilities, I can surmount any obstacle and accomplish my goals.

### **Who is/was the most inspiring person in your life and why?**

My mother was the most inspiring person in my life because she believed I would one day become the person I am today. She made many sacrifices for me and supported me and every way possible. Her belief in me gave me the strength I needed to push through all the hard and difficult places in my life.

### **What's next for you?**

What is next for me is to help at least 100 people write their nonfiction book; grow my new podcast show, "Your Gift Will Make Room For You With Cheryle T. Ricks"; release my two new songs, and my new greeting card line, promote the Spanish versions of all of my books, and finish writing my new book by this Christmas.

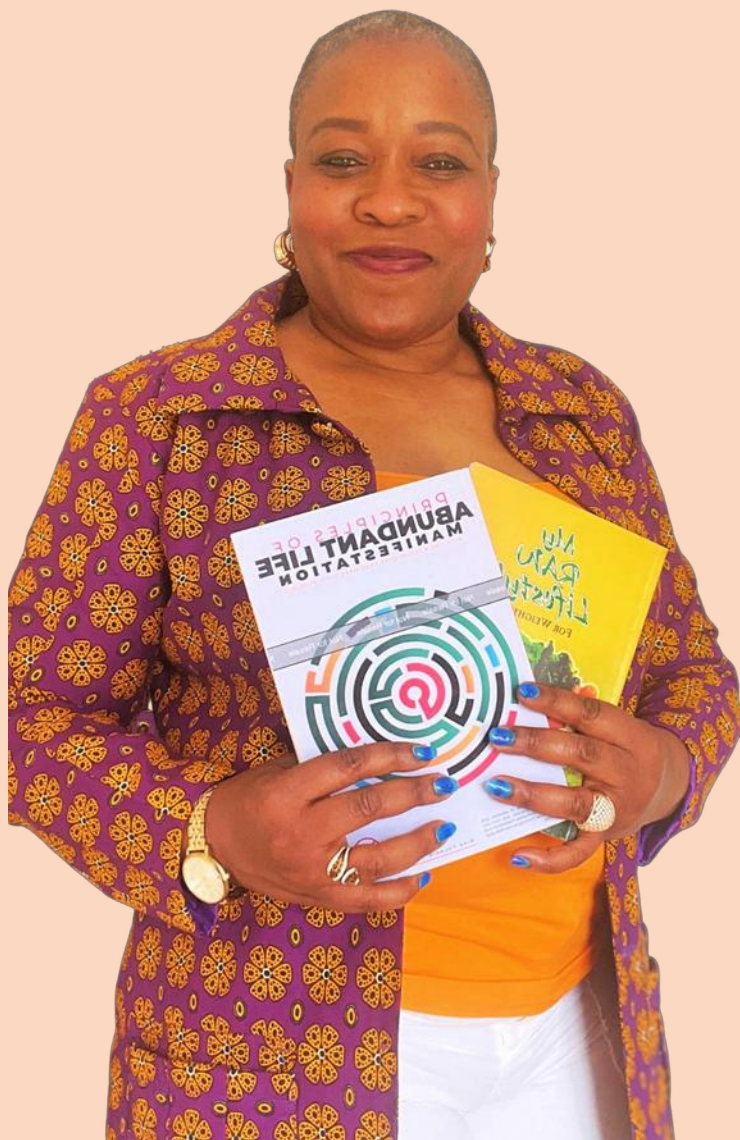


## Adenike “Nike” Folarin-Coker

is an International Speaking Coach for Female Nonfiction Authors, Professional Consultant, and Business Owners. Recently, she celebrated

the successful publication of her second book called, *Principles of Abundant Life Manifestation: With Tips & Techniques That Make Them Possible*.

It's an intimate account of her personal journey to self-discovery and manifestation. Through this engaging narrative, she shares invaluable insights and life lessons, guiding readers on a path of growth and realization.



Personally, she was born in Nigeria, and then relocated to the United Kingdom. She's married with three children and has a degree in Biomolecular Science. Nike is an avid nature lover and world traveler!

She helps women craft their message to inspire, impact, and transform their audience through public speaking.

She's passionate about mindset and manifestation, and hopes to inspire the next generation about being aware of their superpower. The ability to create through the power of the mind and storytelling to create a unique branded solution!

Adenike's passion extends beyond storytelling and personal growth. She delights in helping clients to scale their businesses and launch successful speaking careers. Through her mentorship and support, she empowers others to find their voices and share their expertise with the world.

Now, the program she developed is called, Speak To Earn Program (aka S.T.E.P.) In this comprehensive course, you'll learn the essential skills and techniques to become a masterful communicator. From developing the right mindset to crafting a compelling message and delivering engaging presentations, this course will equip you with the necessary tools you need to captivate your audience and leave a lasting impact. By the end of this course, you will have the confidence and expertise to communicate effectively!

Nike is a strong advocate for women's empowerment, and believes that we all have the potential to create our own dreams! Adenike champions the idea that each individual possesses the capacity to shape their own reality. Her unwavering conviction in the potential for greatness within every person serves as a beacon of hope and inspiration.

available at  
**amazon**



Website: <https://speaktoearnprogram.wixsite.com/nike-coker>



## **How are you changing the world?**

Imagine standing in front of a crowd, ready to speak your mind. It's a bit nerve-wracking, right? Well, that's where I step in. I'm like your personal cheerleader and guide all rolled into one. First off, I inspire and show you that speaking confidently isn't reserved for a lucky few. I help you believe in yourself and your message. When you see the impact of your words on others, it's a real

game-changer.

However, it doesn't stop there. As a public speaking coach, I transform how you see yourself. I will help you shed that "I can't do it" mindset and replace it with "Watch me shine" attitude. Suddenly, speaking becomes a chance to connect, inspire, and lead. I'm like your secret weapon for life's big moments. I inspire you to step up, impact the world with your words, and transform into a confident, persuasive communicator. It's like having your very own superhero for this stage of life!

## **What is the main message you want to share with the world?**

As an international public speaker, my main message to the world is the power of connection through authentic communication. In an increasingly digital and fast-paced world, it's essential to remember that behind every message, idea, and statistic, there are real people with real emotions and experiences.

I believe that when we communicate from a place of authenticity, empathy, and understanding, we create bridges that transcend differences and bring us closer together. Whether we're discussing complex global challenges, personal stories, or innovative ideas, the way we convey our messages matters.

## **What was an early experience where you learned that you had power?**

As an author, I was invited to share my story at my church at the time. Nervous but determined, I stood in front of the audience and began to speak from the heart. I shared my personal struggles, triumphs, and the lessons I had learned along the way.

As I spoke, I noticed the audience's reactions: engaged faces, nodding heads, and even a few tearful eyes. After my talk, several people approached me, sharing how my words had resonated with them. One woman revealed that she had been facing a similar challenge to the one I had overcome, and my story had given her hope and a new perspective.

That experience ignited a passion within me to continue speaking and sharing stories that could uplift, empower, and transform lives. I recognized that my words had the power to create a ripple effect of change. Not only for individuals but for entire communities. From then on, I dedicated myself to honing my speaking skills and crafting messages that could touch hearts and spark meaningful transformation.

### **What is something most people don't know about you?**

You won't believe where I channel my inner genius – the bathroom! Yep, that's where my higher self and I have these epic brainstorming sessions. Call it "thinking outside the stall"!

Now, I'm not just a bathroom philosopher. Nature's my jam too. Trees are like my BFFs – I'm out there, running my fingers over their bark like we're swapping secrets. And don't even get me started on my paparazzi skills with nature photography. I'm like the Ansel Adams of Instagram, if you will.

### **What's the greatest piece of advice you ever received?**

I got this advice from my dad when I was in my teens - "never forget who you are." Now as an adult, I realize it carries a profound message about self-awareness, authenticity, and staying true to oneself. It's a reminder to remain grounded in my core values, beliefs, and identity, regardless of external influences, circumstances, or pressures." "Never forget who you are," serves as a touchstone for making decisions that align with my authentic

### **Who is/was the most inspiring person in your life and why?**

That would be Brené Brown. She's like this big inspiration for a bunch of reasons! She's all about being real – no filters or pretending to be perfect. She talks about her own screw-ups and struggles, which makes you think, "Hey, it's okay not to have it all together."

### **What's next for you?**

Just recently, I held a virtual workshop about honing your message, and that sparked something exciting that's in the works for the coming month! It's a free, 3-day virtual workshop tailored for business owners, business consultants, and nonfiction authors who are hungry to transform their expertise into a thriving speaking empire.

Whether you're a seasoned entrepreneur or a wordsmith with stories to share, this workshop is designed to give you the tools, strategies, and know-how to turn your knowledge and skills into a powerhouse speaking career that can rake in the big bucks!





**Issa Rae Launches New  
Commercial and Reveals Her  
Summertime Essentials  
With Shipt!**



"We are delighted to join forces with Issa Rae, a visionary artist with a dynamic personality," exclaims Alia Kemet, Chief Marketing Officer at Shipt. "Much like our customers, Issa seamlessly transitions between

multiple roles, underscoring her appreciation for a swift, convenient, and tailored shopping experience. We admire Issa's unwavering work ethic and her dedication to loved ones, and hope our customers can see themselves through her story. We look forward to sharing more meaningful work from this collaboration in the months ahead!"

As a part of their work together over the coming months, Rae has curated a list of her go-to summertime essentials available via Shipt to elevate both the big and small moments in customers' lives throughout the season. Issa's summertime essentials include:

- Favorite Day Cookies & Cream Ice Cream Sandwiches
- Apple AirPods Pro
- The Lip Bar Highlighting Blush
- Black Girl Sunscreen Broad Spectrum - SPF 30
- Moleskin Lined Composition Hardcover Journal

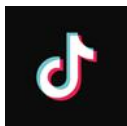
Customers can shop for Issa's summertime essentials with ease at [shipt.com/summeressentials](https://shipt.com/summeressentials).

# Kanika Starr Reynolds

Is a notable figure known for her inspiring work through various mediums like social media, radio, and television. Originally from Michigan, she now resides in Atlanta, Georgia. Her primary focus is on motivating and inspiring people worldwide.

In her personal life, Kanika is married to Raymond Reynolds, and together they have two daughters and two sons. Beyond her roles as a wife and mother, she's made a significant impact through her public speaking engagements and her work as an author.

Kanika has authored two books: "Make it a Choice to Have a Great Day" and "Make it a Choice to Have Great Style." These books likely touch on themes of positivity, personal growth, and self-expression.





Aside from her writing, Kanika and her husband Raymond are also entrepreneurs with over twenty years of experience. They have owned barber and beauty salons in both Michigan and Georgia. Their commitment to entrepreneurship and community building is evident in their long-standing involvement in the beauty industry.

Moreover, the couple seems to have a strong sense of giving back and helping others. Their dedication to spending time uplifting and providing hope to "God's people" reflects their desire to make a positive impact beyond their personal and professional lives.

Overall, Kanika Starr Reynolds' journey from Michigan to Atlanta, her role as an inspirational figure, and her dedication to entrepreneurship and community engagement all contribute to her unique and impactful story.



available at  
**amazon**





### **How are you changing the world?**

I'm changing the world by being myself. I put a lot of time in reading positive material, surrounding myself with positive people, and working on the being the best Kanika Starr Reynolds that I can be. The positive thoughts and ideas that I fill my mind with will come out and serve the world.

### **What is the main message you want to share with the world?**

The main message that I want to share with the world is to find your joy and don't be conformed by what everyone else is doing. Whatever is good and positive, focus on those things. Do the work it takes to be the best version of yourself. Discover your joy, peace, and happiness because life is but a vapor. Spend time wisely. How do we do this? By seeking God first to reveal His will for our life.

### **What was an early experience where you learned that you had power?**

I saw that I had influence when a client shared her dream of being a makeup artist with me. I encouraged her to go for it because it's better to fail because we tried than not try it and it could have succeeded. She started her makeup business and it was a success. She shared with me that she had never told anyone else her dream. We're both glad that she shared her dream with me because all it takes is the right one person to convince you that you have everything within to succeed.

### **What is something most people don't know about you?**

One thing that people don't know about me is I have an introverted side. I'm very outgoing and I go to many different events and mingle with all different types of people but first, I have to have quiet time with myself. I can't pour into people if I have not poured into myself first.

## What's the greatest piece of advice you ever received?

The greatest piece of advice that I've ever received is to seek God first. I went through a very difficult time in my life and I opened up a Bible given to me when I was sixteen years old. It had a hand written message to read and follow Matthew 6:33, seek first the Kingdom of God and His righteousness and all you need will be added to you. I started reading the Bible for five minutes a day and then the time grew. I gained wisdom and insight. It doesn't mean life will be perfect but the discipline I gained spending time with God helped me to handle a lot of tough times in my life.



## Who is/was the most inspiring person in your life and why?

There were many people who have inspired me to be who I am. In the beginning it was my mother, father, pastor, and husband. I seek inspiration so now it's found by different people in simple ways every day. There can be an interview on a talkshow, a book that I've read, or someone resolving a problematic situation with finesse. Inspiration is everywhere and I get it daily from many sources because I'm looking for it.

## What's next for you?

I don't know what's next. I've written books, spoke on many different platforms, and started businesses from scratch. Right now, I'm enjoying traveling and spending time with people that I

love. One thing that I can say is that I leave room for God. If He sends me on an assignment, I will go. I know He holds all of the answers to what's next in my life.

# Who's on your Team?



I recall my childhood school days where the gym teacher would go around the field and say “One, two, three, four, one two, three, four” and repeat the numbers until everyone on the field had a teammate. No one, especially if they’re a competitive individual ever wanted to be on the losing team. Most people want to win, and the chances of winning are strongest when all teammates are on the same page and play well together toward a common goal.

# Ebonie Akinsete

When you think about your current short term and long-term goals who are the closest players on



your team? Are they people who want to see you win as much as they want to see themselves win? Are they driven? Are they cooperative? Are they ok with being mediocre or do they prefer to shine as their best self? At times I think we all have moments where we are not striving for our best, but as long as we have a supportive team that aspires higher, we won't stay down for long.

Whether it's a health, personal or career goal I have identified who are the most significant key players on my team to help hold me accountable toward my big picture goals. Each one of us steps in to help support each other and because we're dedicated to being successful we are successful.

Who are the key players on your team? Let's continue to make good decisions to enhance our

network as we strive to be our best and reach our full potential to serve others and reach our own personal goals.

To our Health & Happiness,  
Ebonie, @simplicityhealthstyle

[www.simplicityhealthstyle.com](http://www.simplicityhealthstyle.com)





**Things  
I Learned  
While  
Packing:  
21 Life Lessons  
To Move You Into Your  
PURPOSES**

RENATA  
BROWN



# About This Book

It is my earnest desire that “Things I Learned While Packing” will help you navigate through your everyday experiences with a new perspective and insight into how life is just one moving journey. The paradigm is not in *getting* to the destination, but more about how we navigate the roads that lead us there.

*“I just finished your book and I want to thank you for sharing your story. Today we get a lot of social media editing, people only show the good and what success seems to look like. What people are not revealing is all the setbacks, steps, heartaches, etc that they had to endure to get where they currently are so thank you for your honesty. I also loved that you had a call to action through the exercises because while we all may not have the same journey we all have had adversity. Great read and I will definitely recommend this book to others. “*

***True alignment comes from who you are – not where you might find yourself.***

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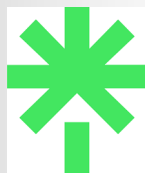




## ***Yolanda Givens***

is a consultant, professional development trainer and coach, and a creative. She's an entrepreneur and small business co-owner. She holds a bachelor's degree in criminal justice, and several professional certifications including that of a mental health professional. Yolanda is an honorary member of Kappa Delta Pi granted by the Graduate School of Education at Loyola Marymount University.

During her career in the Los Angeles. Yolanda received numerous recognitions from the California State Senate and Attorney General, as well as local city officials for her excellent work as a director of a statewide initiative to reduce youth violence. Once relocating to Chicago, Yolanda continued her work in communities, and in 2018 was awarded an individual grant from Chicago Community Trust to facilitate Mental Wellness Workshops for African American Women. She continues her community work through affiliations with several nonprofits



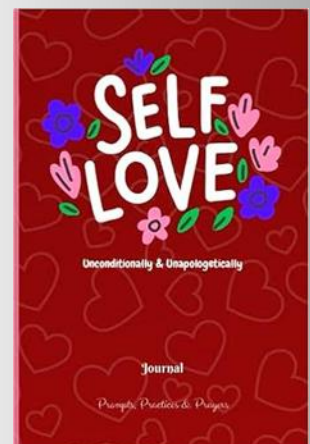
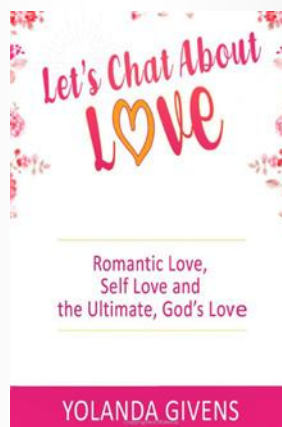
Today, Yolanda is the President/CEO of Curve Appeal Chicago Inc, a nonprofit 501c3 organization which she co-founded, and whose mission is to educate, engage, and empower women and girls to embrace and understand their worth, their value and their ability to live successful, happy and healthy lives.

She is co-owner of BFF Management, a boutique educational and nonprofit consulting company, and Thycke Girl Productions (TGP), a theater and entertainment production company. She has produced two original stage plays about the lives of black women, and one short film entitled When Rosa Meets Harriet. In 2021, she created, directed, and produced her own talk show, Conversations and Confessions that is currently streaming exclusively on JD3TV.

Yolanda has been a contributing author of several self-help books, and in 2021 released her first solo book, Let's Chat About Love. Yolanda says she's not a Love Doctor, but she is a woman with a sincere passion to love, share love and be loved. In 2022, Yolanda will host a series of virtual discussions about Romantic Love, Self-Love and the Ultimate, God's Love which is the premise of her book.

Yolanda is often referred to as "boss lady", "quiet storm" and "mentor" because of her natural gift of leadership, her quiet yet powerful demeanor, and her spirit to initiate, motivate and inspire. Yolanda has impacted the lives of many both professionally and personally.

Yolanda has two adult children and three grandchildren.





### **How are you changing the world?**

I am changing the world by spreading a message of LOVE, leading a platform that empowers women and girls to embrace their value, worth, beauty, and gifts, and inspiring everyone to write, speak, visualize, and manifest their dreams. I want people to believe in the positive energy and power of Love and Faith in God

### **What is the main message you want to share with the world?**

Love is the greatest gift; it is the answer to our being mentally and physically healthy and empowered but it starts with understanding God's love and being able to love self then others.

### **What was an early experience where you learned that you had power?**

I believe I possess natural leadership abilities, which I've experienced throughout my life. From being a Varsity Cheerleader Captain, where my squad respected my authority even during disagreements, to organizing a citywide Day of Peace in my late 20s, which resulted in a proclamation from the city council designating it as the official day of peace, I've consistently demonstrated the power of my leadership. Over the years, my team has continued to trust and follow my lead, affirming

### **What is something most people don't know about you?**

Many may not be aware that I once aspired to be a blockbuster movie and sitcom actor. In my early 20s, I landed some extra roles thanks to a well-known casting agent who took me under his wing. I had the privilege of being on major movie sets like "The Bodyguard" and "Stop or My Mom Will Shoot," as well as TV dramas like "MacGyver." However, due to becoming a mother at 18, I decided to prioritize my role as a parent and focus on excelling in that responsibility while also pursuing my education.

## **What's the greatest piece of advice you ever received?**

In recent years, I've been fortunate to receive valuable advice from an intuitive perceptive young woman. She emphasized the importance of embracing vulnerability, balancing masculine, and feminine energies by nurturing the feminine, and practicing patient faith. While I'm still a work in progress, her wisdom has already transformed some of my less favorable behaviors and shifted my perspective in profound ways.

## **Who is/was the most inspiring person in your life and why?**

My children serve as my greatest source of inspiration. My daughter, an incredible mother, and a truly genuine and kind-hearted person. My son, whom I proudly call my hero. Despite battling narcolepsy, he overcame immense challenges during his academic journey. With the sudden closure of his undergraduate institution and the added burden of the pandemic during his grad school years, his resilience shone brightly. He now holds both a BA and an MFA from Mount Saint Mary's University, Los Angeles, all achieved while I, his mother, lived in a different state, unable to offer physical support. His determination and unwavering spirit remain unmatched in my eyes, a testament to his remarkable character.

Their unwavering determination and strength have ignited a newfound passion in me to pursue my dreams during this second phase of my life.

## **What's next for you?**

I've recently launched a business office and versatile venue space in collaboration with two partners. Our primary objective is to establish our nonprofit as a vital community asset, offering charitable services, while also providing an ideal location for meetings, rehearsals, workshops, film and photo shoots, content creation, and a creative hub for budding entrepreneurs, including myself. Additionally, I'm working on writing and publishing "Let's Chat About Love 2: My Personal Love Journey," with plans to adapt it into a stage play or movie. Moreover, we're in the early stages of organizing a 2 to 3-city tour for one of the stage plays I've produced, scheduled for mid-2024/early 2025.



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